

Nottingham City Health and Wellbeing Board
25.09.2024

Report Title:	Nottingham & Nottinghamshire Integrated Mental Health Pathway Strategic Plan 2024/25-2026/27
Lead Board Member(s):	
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Executive Summary: NHS England (NHSE) Planning Guidance 2023/24 set out a requirement for Integrated Care Boards to co-produce a strategic plan to localise and realign mental health inpatient services over a three year period, with a strong emphasis on system collaboration. Locally we have named this the Integrated Mental Health Pathway Strategic Plan 2024/25-2026/27 in order to reflect the full system pathway work that system partners have collectively committed to undertake. The Integrated Mental Health Pathway Strategic Plan sets out the plan to achieve an integrated inpatient mental health pathway that delivers local, inclusive, safe, personalised, and therapeutic care to meet the needs of adults in Nottingham and Nottinghamshire. The strategic plan aims to ensure the right care is being delivered, in the right place, at the right time, and in the least restrictive environment for local people. Under the strategy there will be a focus on supporting people to live well in their local communities with the building blocks of good mental health in place to maintain positive mental health and resilient communities. People will have access to good quality care and support, as well as information and care to manage their own mental health and wellbeing. They will know where to go to access the right care at the right time to prevent the need for accessing services or an inpatient admission. Should a patient need a stay in hospital, all partners who make up the Nottingham and Nottinghamshire Integrated Care System, will work together to ensure they receive good quality care and return to the place they call home as soon as possible where appropriate support will be in place. To achieve our vision and address our local challenges, system partners plan to transform the whole mental health pathway, not just inpatient services. This will include the full range of commissioned services and support delivered by NHS,	

Local Authority and Voluntary, Community & Social Enterprise (VCSE) organisations across 3 strategic pillars:

- Strategic pillar 1: improving access to care and support in the right place at the right time
- Strategic pillar 2: how we deliver high quality care for people
- Strategic pillar 3: timely discharge to the place people call home

This strategic plan has been developed by working with all system partners across health, local authorities and the VCSE sector, as well as working with people with lived experience as equal partners, to develop a whole system approach.

Membership includes partners from across Nottinghamshire Healthcare NHS Foundation Trust; Nottinghamshire County Council (including Public Health); Nottingham City Council (including Public Health); IMPACT Provider Collaborative; VCSE organisations including MIND, Framework, Turning Point and Primary Care.

System partners and experts by experience have developed key areas of focus with high level milestones, which will support system partners to deliver an integrated mental health pathway. This is underpinned by detailed delivery plans and the development of an outcomes framework to monitor progress over the three year period, as well as measuring the impact that the work is having for the people of Nottingham and Nottinghamshire.

The strategic plan was published on the ICS website and submitted to NHSE on 31st July 2024. System focus will now be on delivery.

The strategic plan is an ICS wide document that provides the system with oversight of a range of work priorities underway in relation to mental health. The strategic plan aims to align with and complement existing work underway within City Place Based Partnership to support delivery of the Better Mental Health Concordat, including the Mental Health cross-cutting theme in the Health and Wellbeing Strategy, the Mental Health Collaborative, City Mental Health Group and Severe Multiple Disadvantage Programme.

Recommendation(s): The Board is asked to:

- note the Nottingham & Nottinghamshire’s Integrated Mental Health Pathway Strategic Plan 2024/25-2026-27
- receive reports regarding progress of the strategic plan delivery on an annual basis

The Joint Health and Wellbeing Strategy

Aims and Priorities

How the recommendation(s) contribute to meeting the Aims and Priorities:

Aim 1: To increase healthy life expectancy in Nottingham through addressing the wider determinants of health and

Aim 1 – Under the strategy there will be a focus on supporting people to live well in their local communities with the building blocks of good mental health in place to maintain positive mental health and resilient communities. A focus on the prevention

enabling people to make healthy decisions	<p>agenda will contribute to support people to live independently and remain in employment without the need for a hospital admission. Where a hospital admission is needed, system partners will be crucial to support the identification of individual's needs (housing and wider support) early on in a hospital admission to support timely discharge to local communities. Close working will be undertaken with housing commissioners and providers to develop the range of accommodation available to enable people to live in the place they call home.</p> <p>Aim 2 – A key area of focus within the strategic plan is to provide care for all people by addressing health inequalities and delivering equity. This includes work to identify any local gaps in provision for key groups of people. There will be active engagement of specific groups to ensure the voices of those less heard, such as young people transitioning from Children's services, individuals with severe multiple disadvantages, Black, Asian and Minority Ethnic (BAME patients), Lesbian, Gay, Bisexual, Transgender, Queer, Intersex & Asexual (LGBTQIA+) individuals, women, and any patients placed out of area, to ensure coproduction of transformational delivery is shaped by their needs.</p> <p>Priority 3 – SMD By the nature of the pathway, the strategic plan will support individuals who experience SMD. Connections are in place with colleagues leading SMD work in the City to ensure alignment and to maximise impact of delivery.</p>
Aim 2: To reduce health inequalities by having a proportionately greater focus where change is most needed	
Priority 1: Smoking and Tobacco Control	
Priority 2: Eating and Moving for Good Health	
Priority 3: Severe Multiple Disadvantage	
Priority 4: Financial Wellbeing	
<p>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health: The focus of the strategic plan champions mental health and wellbeing,</p>	

List of background papers relied upon in writing this report (not including published documents or confidential or exempt information)	N/A
Published documents referred to in this report	<p>Nottingham & Nottinghamshire Integrated Mental Health Pathway Strategic Plan 2024/25-2026/27: https://healthandcarenotts.co.uk/wp-content/uploads/2024/07/Nottingham-and-Nottinghamshire-ICS-3-Year-Mental-Health-Strategic-Plan-1.pdf</p>